

Heritage Health Vaccine Statement

We at Heritage Health are committed to the health and well-being of our patients. We believe that vaccinating our patients may be the single most important intervention we perform as healthcare providers and that you can perform as a parent or caregiver. We believe in the effectiveness of vaccines to prevent serious illness and to save lives.

We advocate that all patients receive the routine vaccines recommended by the Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics (AAP).

The recommended vaccines and the schedule by which they are given is the result of many years of scientific study and data gathering on millions of children by thousands of our brightest scientists and physicians.

We recognize that the choice to vaccinate may be difficult for some parents or caregivers. We will do everything we can to provide you with information and answer your questions. Should you have doubts, you can discuss them with your healthcare provider.

As healthcare providers, we feel strongly that vaccinating our patients is absolutely the right thing to do to protect all patients.

Please feel free to discuss any questions or concerns you may have with any of us.

Vaccine Comfort Promise

We promise a warm calm approach and a variety of techniques to help reduce or eliminate the pain, fear, and anxiety of vaccinations for all patients.

Our comfort care promise offers:

- A topical pain-relieving ointment to numb the site prior to injection.
- Sweet Ease®: An oral liquid made of sugar (sucrose) and water that can be used to decrease pain in infants.
- Buzzy Bee: A small handheld vibrating bee with blue ice-pack wings. The vibration and the cold helps block sharp pain and provides distraction when giving injections.
- Positioning and the holding technique that are age and development appropriate to help the patient relax.
- Distraction: Distractions shift the focus from the needle to something more soothing. We use a variety of distraction techniques including age-appropriate distraction toys like the Glitter wand.